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Household Conflict And Its Impact On The Quality Of Life Of Wife And Children In Bogor¹

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Abstract:

This study aims to examine the efforts of wives in dealing with domestic conflicts, the impact of these conflicts, and the factors that affect wives to maintain household integrity amid conflicts in Pasirangin, Cileungsi District. Domestic disputes in this village are triggered by the husband's negligence in providing maintenance, domestic violence, injustice in the practice of polygamy, and the husband's demand for his wife to earn a living. The impact of conflict includes economic, psychological, and educational aspects. This study uses a descriptive qualitative approach through field research methods. Data were collected through observation, interviews, and documentation with the research subjects, a group of wives in Pasirangin Village. The study's results revealed three main findings: the way wives handle domestic conflicts, the impact of disputes on the quality of life of both wives and children, and factors that encourage wives not to file for divorce to maintain the household's integrity. This research provides insight into the dynamics of household conflict and family resilience in rural social contexts.

Keywords: domestic conflict; responsibility; quality of life of wife and children

A. INTRODUCTION

The purpose of marriage in Law No. 1 of 1974, "Marriage is a physical and mental bond between a man and a woman as husband and wife to form a happy and eternal family (household) based on God Almighty. For the realization of happiness, the law in Indonesia and also the Compilation of Islamic Law (KHI) have determined the rights and obligations that must be carried out by each party.

A sakinah mawaddah warahmah household is a dream for every married couple (Tinuk Dwi, Cahyani, 2020). However, the reality of married life is often not as ideal as

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expected; household conflict is one of the phenomena that often occurs, disrupting family harmony (Musaitir, 2020). Nowadays, there are many cases of husbands neglecting their responsibilities in the family. And there are also many cases circulating on social media and related news about domestic violence committed by husbands against wives. Providing maintenance to wife and children is the husband's main obligation. The wife has the right to receive maintenance from her husband; on the other hand, the husband is obliged to fulfill basic needs such as food, clothing, and shelter according to his ability (Napsiyah, 2023).

Wives who are victims of domestic violence with the suspect being their husband reflect the imbalance of rights and obligations between husband and wife in navigating household life, even though the rights and obligations of husband and wife have been regulated in KHI (Ibnu, 2022). Thus, if the husband or father does not fulfill his role properly, then he has violated his obligations towards the rights of his wife and children and also hurts the welfare of his wife and children.

Based on preliminary observations in Pasirangin Village, Cileungsi District, Bogor Regency, a number of cases of household conflict were found that centered on the roles and responsibilities of the husband. In the community, information was circulating about husbands who neglected their obligations, such as not providing a proper livelihood to their wives and children.

Many husbands do not work consistently, pretend to go to work, but in reality only spend time on unproductive activities such as hanging out, or have irregular income. In addition, there are also cases of physical and verbal violence by husbands against their wives, as well as injustice in polygamy that worsen family conditions.

As a result, wives are often forced to take on the role of breadwinner to meet household needs, for example by selling food, bearing the double burden of being a housewife and breadwinner, which has an impact on children's welfare, including the risk of dropping out of school and psychological disorders.

This phenomenon not only impacts the relationship between husband and wife, but also on the quality of life of the wife and children, in terms of economic, psychological, social, and educational aspects. Interestingly, despite facing severe household conflicts, many wives in Pasirangin Village chose to stay in the marriage and did not file for divorce at the Religious Court.

This choice is different from the phenomenon found in the Bogor Religious Court, where many wives filed for divorce for similar reasons. Interestingly, most of the couples in these cases had only been married for a relatively short period of time, between 2 and 7 years. They appear to have less patience in facing household trials and are quicker to decide to separate.

Meanwhile, the wives in Desa Pasirangin chose to remain steadfast despite facing severe household conflict. Their marriage age is much longer, between 15 and 36 years, and they show fortitude in facing household conflicts, with various reasons, such as faith, children, and the original purpose of marriage.

Household conflicts can violate the rights of wives and children that have been regulated in the Compilation of Islamic Law (KHI) and Marriage Law No. 1 of 1974. In Islam, the husband has the role of qawwam (family leader) who is responsible for

providing sustenance, protection and guidance (QS. An-Nisa: 34). The husband's negligence in carrying out this obligation is not only contrary to Islamic teachings, but also causes harm (darar) to the wife and children (Firdaus, 2019)

In this study, researchers only took the wives of five families as research subjects. The five wives who became the subjects of this study experienced various kinds of household conflicts, such as husbands who were negligent in carrying out their obligations, being abusive, or unfair, but the wives chose to be patient and maintain their marriage.

B. METHODS

This research uses a field research approach because researchers are directly involved with the community at the research location. It is said to be field research because it requires researchers to go directly to the research location to collect in-depth data, to obtain a complete understanding of social reality, by interacting directly with the subject under study. (Meleong, Lexy J, 2017) Field research is a research approach carried out with the aim of obtaining information directly from related parties through a systematic and structured approach. Field research is a primary data collection activity carried out directly from the first source at the research location, such as in communities, institutions, and organizations, with a focus on describing and discussing factual data related to the object of research. (Sugiyono, 2022). The research method used in this research is a qualitative method. Qualitative research is research that aims to thoroughly understand the phenomena experienced by research subjects, such as behavior, views, motivations, and actions. (Moleong, Lexy J., 2022). The reason researchers use qualitative research methods is that this method is able to answer research questions that require in-depth and detailed descriptions. In addition, the type of data needed in this research is qualitative, so it requires the use of data collection techniques such as observation, documentation, and interviews. Qualitative research focuses on understanding social phenomena in a natural context, to provide meaning and interpretation that makes sense, both in terms of content and substance

C. RESULTS AND DISCUSSION

1. Wives' Efforts to Deal with Household Conflicts in Pasirangin Village Based on interviews, wives in Pasirangin Village face household conflicts because husbands neglect to provide, are inconsistent in their work, are violent, or are unfair in polygamy, especially towards the first wife. The wives explained their efforts to resolve conflicts in various ways, as compiled by the researcher from the interviews.

How wives deal with husbands who neglect their obligations to provide for. Husband's negligence in providing is the attitude or behavior of the husband who does not provide adequate support to his wife and children. This is a form of violation of the obligations that should be carried out by the husband as the head of the family. Husband's negligence in fulfilling the obligation of maintenance can have a direct impact on the quality of family life, especially in economic terms. Thus, a husband who neglects his obligations can be said to have committed a form of oppression and violation of the rights of the wife and children who are in his charge.

Based on the results of observations and interviews, it is known that the husband's negligence in providing a proper livelihood to the family in Pasirangin Village is not due to the absence of jobs. There are many opportunities to earn income, such as becoming an online motorcycle taxi driver, selling, participating in development projects, and so on. However, in reality, husbands do not take advantage of the opportunities that exist for various reasons, one of which is not having the talent for these jobs. Most of them have never tried these jobs at all, but husbands prefer to give up without effort and do not show concern for the needs of their families, including the cost of children's education.

As experienced by Mrs. Dara, one of the wives whose family experienced household conflicts due to her husband's negligence in providing a livelihood. In the interview, Mrs. Dara said that her husband often neglected to fulfill his obligation to provide for the family.

However, Mrs. Dara tries not to dissolve in emotion and finds a solution; she chooses not to stay silent, but to motivate and advise her husband to be more enthusiastic about working, considering the needs of children that must be met, such as food, education, and other necessities of life. The following is how she deals with husbands who are negligent in providing maintenance: Facing it calmly, meaning that every problem must have a solution, so if I get emotional, then I will also get sick, thank God, I am grateful that my husband wants to work after I give advice, sometimes my husband goes out and doesn't work, he just hangs out, but my husband doesn't give it in full, meaning that it doesn't match the needs, just enough, he said. How else, sometimes my husband talks like that, so it finally comes back to me. Oh, that means I have to be patient" (interview, May 04, 2025).

From the results of the interview answers above, we can know that Mrs. Dara has several ways of dealing with husbands who neglect to provide proper livelihood for their wives and children, namely, Mrs. Dara tries to stay calm, not prioritize emotions, be patient, and continue to give advice to her husband.

How wives deal with husbands who are inconsistent at work. Being consistent at work shows that a husband is serious about fulfilling his responsibility to provide for the family. Therefore, a responsible husband will try to do any job as long as it is halal and good, and focus on his work.

Based on an interview with Mrs. Lesti, one of the wives of a family experiencing household conflict due to her husband's inconsistency at work, the information obtained was that her husband often complained about his work. From the results of the interview with Mrs. Lesti, an answer was obtained regarding how she dealt with her husband, who was inconsistent in working, namely trying to understand her husband's condition, as long as the husband did not work, it was not caused by laziness, but because there was no work.

From the results of observations in Pasirangin Village, several wives who were victims of domestic violence were found, and the researcher took one of the wives to be used as a resource person with her permission and willingness, namely, Mrs. Lani, one of the wives of the family who experienced domestic violence. In an interview with Mrs. Lani, one of the victims of domestic violence in Pasirangin Village, she said that her husband committed violence due to the following reasons:

Usually, husbands who commit domestic violence are husbands who don't work, husbands who are selfish too, husbands who are unable to carry out their obligations to earn a living, cover up their lies, laziness, and shortcomings. So the impact is that he ends up getting emotional and causes violence in the form of physical hitting, verbal violence is common because every time he gets emotional, his mouth likes to berate, his words are harsh" (interview, May 03, 2025).

There are several ways that Mrs. Lani deals with husbands who are rude and often violent. The most prominent way is by advising her husband. In delivering this advice, Mrs. Lani included arguments from the Qur'an and hadith to explain that domestic violence is not good and is prohibited in Islamic teachings.

About polygamy is explained in the interview by Mrs. Lida, a wife who was polygamous with her husband. She told how when she first heard that her husband had remarried without her permission and she found out from the neighbors. This made her so shocked that she was depressed and had to undergo outpatient treatment at the hospital for about two years, after which Mrs. Lida tried to deal with it by accepting it gradually by getting closer to God, as she explained in the following statement:

The first time it happened, indeed, something new was shocking. Over time, that must be accepted. In the sense that what is accepted is that we try to accept it, so what else can we do, especially if it has happened. The way to deal with it is that maybe this is the way my life is. Even if you want to choose, yes, everyone probably wouldn't choose that. Yes, it's not heavy, it's like this, it has to be done anyway, so let's just do it." (interview, May 06, 2025)

From the explanation above, it can be seen that Mrs. Lida faces a polygamous husband by trying to accept this fact, even though it feels heavy. Because she realizes that it has happened and tries to take lessons from these events. Mrs. Lida believes that maybe this is the way that Allah gives her to gain rewards, namely by patiently accepting the provisions of fate. If given the choice, she does not want to divert her family's resources.

2. The Impact of Household Conflict on the Quality of Life of the Wife and Children Household conflict in Pasirangin Village, Cileungsi District, has a significant impact on the quality of life of wives and children, based on the results of interviews. The three main impacts that stand out are the decrease in the quality of life of wives and children due to the husband's negligence in fulfilling his obligation to provide for the family, causing economic difficulties. The impact of a husband's violence affects not only the wife but also the children, both emotionally and psychologically, and the disruption of children's education due to economic limitations that hinder access to proper education. The results of the interviews that the researcher has summarized show that this conflict has a far-reaching impact on family welfare.

Economic Impact on the Quality of Life of Wives and Children. Economic impact is one of the biggest impacts felt by wives and children. Wives should have the right to receive a decent living from their husbands, and children are also entitled to fulfillment of basic needs by their fathers. However, due to the family's poor economic condition, these rights are not fulfilled properly. Based on the results of observations and interviews, it was found that many husbands in Pasirangin Village neglected their

obligation to provide alimony, which resulted in the family's economic needs not being met properly.

As experienced by Mrs. Dara, she described her family's economic condition as being severely affected. She was forced to seek additional income to meet the family's needs because her husband was negligent in carrying out his obligations as a breadwinner. Her husband's income is insufficient to meet the daily needs of their family, especially with a large number of children, namely eight people.

As a result of her husband's negligence in fulfilling his obligation to provide alimony, the quality of life for Mrs. Dara and her children has become inadequate. As a wife, Mrs. Dara is entitled to receive a decent living from her husband. However, because this right is not fulfilled, Mrs. Dara is forced to sell to make ends meet while having to take care of the children and do all the housework without help from her husband. The burden that is borne alone makes Mrs. Dara sometimes sick due to fatigue, this is an economic impact on the quality of life of wives who do not fulfill their rights as wives.

In addition, economic limitations also affect the fulfillment of children's nutrition. From the interview results, Mrs. Dara stated that her family can only eat well if there is more money. This reflects that basic needs such as nutritious food, nutrition, and children's health have not been met optimally. Adequate nutritional intake is very important to support children's growth and development, both physically and emotionally.

Not only that, but because she has to help earn additional family income, Mrs. Dara's attention to her children is divided. She cannot provide full care and supervision, which should be a shared responsibility with her husband. This condition has the potential to hinder the social and emotional development of children, who ideally grow up in a stable and caring environment with both parents.

Psychological impact is the effect or result of an event or experience that is felt in a person's thoughts, feelings, and behavior. One concrete example of the psychological impact of domestic violence is the event that occurred and was experienced by Hurin, Mrs. Lani's child. From the results of the unstructured interview that the researcher conducted with Hurin, it is known that Hurin experienced severe psychological trauma as a result of domestic violence that occurred in his family.

Hurin witnessed firsthand the abusive behavior of his father towards his mother. He revealed that his father often acted lightly when angry, such as throwing plates, glasses, and dippers. One of the events that sticks in his memory the most is when he saw his father almost kill his mother with a machete that was pointed at her neck. In that tense situation, Hurin could only scream hysterically and cry loudly because he was overwhelmed with fear.

The violent incidents that occurred in the home left Hurin deeply traumatized. She grew up with a fear of marriage and developed feelings of hatred towards men, especially her father. When researchers delved deeper into how Hurin survived the situation, Hurin gave the following answer:

What makes me strong is my mother's advice. She said that life must be fought, leave everything to Allah, that's why I can survive. The main factor that makes me survive is that I see my mother is also strong and resilient" (interview, May 10, 2025).

From the explanation above, it can be concluded that the trauma experienced by Hurin is the psychological impact of domestic violence that occurred between his parents. The main cause of the trauma is his father's abusive behavior and frequent acts of violence. Whereas a father figure should be a protector and provider of security for his children. But in this case, the father became a frightening figure and left deep psychological wounds.

Dian, Mrs. Lida's daughter, also experienced a psychological impact. Dian experienced mental distress as a result of her father's polygamous behavior without being fair to her mother or her and her younger siblings. She told me how much it hurt her to see her father's indifference towards their family.

One event that sticks out in her memory was during her sister's graduation. When the event was still ongoing, her father suddenly left in a hurry because he received a call from his son there. This made Dian feel very disappointed and hurt. Dian also expressed her disappointment because her father rarely came home, so the presence and attention that should have been given as a father was never felt again.

It can be concluded that the two cases above are clear examples of the psychological impact of domestic conflict on children's quality of life. Children who should have the right to protection, affection, and attention from their parents instead experience mental distress and trauma. These rights are neglected due to the father's negligence in carrying out his role as head of the family.

Household conflicts in Pasirangin Village, Cileungsi Subdistrict, did not push the wives to end the marriage, but instead chose to maintain the household. This attracted the researcher's attention to find out the factors that drove this decision. Based on the interview results, the factors that influenced the wives to stay have been summarized by the researcher as follows.

Based on the results of interviews with the wives of five families who experienced household conflicts either due to economic problems, violence, or neglect of the husband's responsibilities, the wives gave almost the same and similar answers.

They stated that one of the main reasons they maintained their households was because they believed in God's help. They believe that by being patient and continuing to get closer to God, all the trials they face will have a way out. This belief is a source of inner strength in dealing with household conditions that are not ideal.

Intention and Purpose of Marriage. Intention is the cornerstone of every action. If the intention to get married is good, then so is the direction and purpose. Conversely, if the intention is bad, it will also have a bad impact on the results.

In marriage, if someone marries for Allah, Allah will always guide and assist the couple in realizing a sakinah, mawaddah, warahmah household. With a straight intention because of Allah, a person will not easily feel disappointed or hurt when facing trials in the household. However, if the intention of marriage is solely out of love for the partner, then when mistakes or shortcomings occur from the partner, disappointment and inner wounds tend to appear more easily.

The results of the interviews that have been conducted, researchers found the reasons why wives continue to stay in the household despite facing various problems

due to their husbands' negligence, one of which stems from their intentions and goals of marriage. As stated by the interviewee, as follows:

"Yes, for me, what is it, all of us are married. Marry because of Allah. Marry because of Allah" (Lesti, interview 2025).

For this reason, it shows that the strength of the right intention is one of the important factors that encourages wives to stay in marriage, even in challenging conditions.

The Child Factor. The existence of children is one of the main factors that encourages a wife to maintain her marriage by not filing for divorce, even though the household is experiencing problems. Wives consider the long-term impact that children will feel in the event of a divorce. They realize that parental divorce can have various negative impacts on children's psychological, emotional, and social development.

With these many considerations, children are the most considered aspect before a major decision, such as divorce, occurs. The sacrifices made by the wives are extraordinary because they prioritize the rights and happiness of children over personal interests. This reflects the strong religious values within them and the high belief in God's help in facing life's trials.

From the results of observations made by researchers, the wives of five families who experienced household conflicts all showed patience and steadfastness for the happiness of their children. In interviews with the wives, the following answers were obtained:

"Thinking about children, if divorce also has a greater impact on children, therefore it is better to be taught to be patient because life is full of tests" (Lida, interview 2025)

This statement shows that consideration of the future of children is a strong factor for wives to maintain the integrity of the household; they realize that divorce can also hurt children. No child likes their parents to divorce, whatever the reason; all children want their parents to get along well together. Although in troubled household conditions, children have actually lost the ideal father figure, the physical presence of the father is still considered to provide hope and lessons for children to learn to be patient in facing life's tests.

This research reveals three main aspects from the interviews in Pasirangin Village, Cileungsi District, namely: wives' efforts in dealing with household conflicts, the impact of household conflicts on the quality of life of wives and children, and the factors that encourage wives to maintain their households. The researcher will focus on discussing the first finding, namely the wives' efforts in dealing with household conflicts caused by the husband's negligence in providing, the husband's inconsistency in working, the husband's violence, and the injustice in polygamy.

The three main strategies found were as follows: wives tried to remain calm and avoid excessive emotional responses. This attitude helped them manage stress and maintain mental health amid the pressure of household conflict. Wives showed patience by continuing to provide advice and motivation to their husbands. The aim is to encourage husbands to realize their obligations and become more responsible in meeting family needs. With a sincere and open-minded attitude, the wives tried to maintain

household harmony. One way is by taking the initiative to seek additional income, for example, through selling, to fulfill the family's daily needs.

These efforts reflect family resilience, which is the ability of wives to continue carrying out their roles amidst household challenges. According to Walsh (2023), family resilience is demonstrated through positive attitudes, sincerity, patience, and resilience in the face of life's trials. The strategies used by wives include emotional approaches, such as dhikr and prayer to seek inner peace, as well as solution approaches, such as seeking additional income to support family needs (Rismelina, 2020).

D. CONCLUSION

Based on the explanation and results of the research that has been conducted, the three main points that can be concluded are as follows: the efforts of wives in Pasirangin Village in dealing with household conflicts show a similar pattern. That is, facing the problem with patience, calmness, understanding, and accepting the situation, even though it is accompanied by advice to the husband. The impact of household conflict on the quality of life of wives and children from the results of the study, there are three impacts, including economic impact on the quality of life of wives and children, psychological impact on the quality of life of children, and the impact of children's education. The factors that encourage wives to maintain households are factors of faith in God, the intention and purpose of marriage, and the factor of children

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