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**PROPOSED PRE-MARITAL PROGRAM CURRICULUM  
(STUDY AT RELIGIOUS AFFAIRS OFFICE, DUREN SAWIT  
JAKARTA)**

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*Abstract*

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*The purpose of marriage is to get happiness; but apparently not all marriages succeed. Some couples struggle the married problems, such as domestic violence for women and children, financial problems, having unfair polygamy, irresponsible husband or wife, and so on. Some of these problems lead to divorce which the number is increasing rapidly. We need to aware of this matter. If there's no correct action, it will more increase and it would impact to national defense. Religious Affairs Office takes part to this matter by conducting pre-marital program to equip prospective husbands and wives with the basic knowledge of married life. This study identified how the implementation of pre-marital program which covered the duration of the program, the facilitator, the facilitation, and the most importance thing is the program material. The study referred to marital fiqih, the theory of sakinah family, husband and wives "adab", and the marital government regulation. The study is located at the Religious Affairs Office, in Duren Sawit, East of Jakarta. The method of the study is descriptive qualitative study. The result of this study is a pre-marital program improvement which will be a standard for Muslims couple entrance a marriage.*

**Keywords** : Pre-Marital program, sakinah family, Religious Affairs Office

## A. Introduction

The purpose of marriage is to get happiness; but apparently not all marriages succeed. Many problems arise such as domestic violence for women and children, financial problems, unfair polygamy, lack of knowledge of rights and obligations, and so on. Some of these problems lead to divorce which the number is increasing rapidly, as reported by *republika.com* in November 2014, as the table below<sup>1</sup>:

Year	Number of Marriage	Number of Divorce	%
2009	2,162,268	216,286	10.0%
2010	2,207,364	285,184	12.9%
2011	2,319,821	158,119	6.8%
2012	2,291,265	372,577	16.3%
2013	2,218,130	324,527	14.6%

One of top marriage problem is domestic violence. The National Commission on Violence against Women (Komnas Perempuan) recorded in the year 2014 there were 293,220 cases of Domestic Violence Eradication (KDRT). This record is a compilation of data from state agencies, penitentiary and law enforcement agencies.<sup>2</sup>

Komnas Perempuan recorded hundreds of thousand cases of violence which the highest rate falls to wives. It

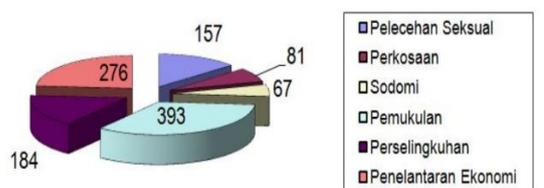
shows that marriage has not become a safe place for women. Many women can't hold his suffering anymore and finally take a decision for divorce

There are plenty of reason for divorce. Religious Court recorded that some reasons of divorce are polygamy, lack of akhlaq, jealousy, unwilling marriages, economic, irresponsible husband, early marriage, Domestic Violence Eradication physically and mentally, illness, affairs and others.<sup>3</sup>

The graphics below show domestic violence eradication to wives and children, which is handled by a charitable foundation JaRi

Graphic 1: Domestic violence eradication to wives and children, which is handled by a charitable foundation JaRi

For the period of 2003 to 2013<sup>4</sup>



there's no correct action, the rate of domestic violence eradication will be

<sup>1</sup> <http://www.republika.co.id/berita/nasional/umum/14/11/14/nf0ij7-tingkat-perceraian-indonesia-meningkat-setiap-tahun-ini-datanya>

<sup>2</sup> Berita Republik on Line, 6 Maret 2014, taken from <http://nasional.republika.co.id/berita/nasional/hukum/15/03/06/nk-stht-kekerasan-perempuan-capai-290-ribu-kasus-di-2014>, 18 October 2016

<sup>3</sup> The data was extracted from Pengadilan Agama, North Jakarta; taken from <http://www.pa-jakartautara.go.id/yoo/index.php/infoperkara/rekapitulasi-perkara-pengadilan/faktor-penyebab-perceraian-pengadilan>

<sup>4</sup> Pelayanan Sosial Yayasan YaRi.. taken from <http://yayasanjari.com>; Pelayanan Sosial Yayasan YaRi

higher than now and it could be possible to impact to national defense.

This problem needs several aspects to be solved. It could be a corrective solution or a reactive solution, means that it is solved after the problem happened; or it could be a preventive solution, we fix the problem before it is happened as an anticipation to the problem. The Author recommends to use preventive solution rather than corrective solution because preventive solution will avoid creating victim.

How to realize it? It needs a good understanding of how to be a harmonious (sakinah) family. Unfortunately however, many future husband and wife have a very limited understanding about marriage life. Facing the wedding, most of them are busy with preparation of the wedding, i.e.: prepare wedding dress, party, invitation, catering etc. which all of them are physical preparation. And of course it is not enough. Regarding mental, we can say they don't have preparation in mentally and spiritually. Like a soldier, to fight in a war he should be equipped by a gun and bullets. More over a marriage, everyone who enters a marriage life should equip her or his self with enough marriage knowledge life.

## **B. Research Method**

The following is the research method which includes the type and sources of research and continue with data analysis.

### **1. Type of Research**

The research was managed in qualitative descriptive method.

### **2. Data Resources**

The primary data came from the observation of Marital Program, with three schedules, in August 2015, August 2016, and September 2016. The secondary data was from The Chief of KUA, Headman ("Penghulu") and selected participants.

### **3. Data Analysis Method**

Data analysis method of this research covered of data from existing program, do the comparison, similarity, and differences between existing program and ideal (theory) then derive it to conclusion and recommendation.

## **C. The Current Pre-Marital Program At KUA Duren Sawit Jakarta and The Findings**

The author had the research located in Religious Affairs Office (KUA, Kantor Urusan Agama) Duren Sawit Jakarta. The author had observed the

pre-marital program three times in different months.

1. Finding

The following is the finding.

1. The KUA have a pre-marital program every month. They name it with Cuscaten (Kursus Calon Pengantin, Bride and groom course). The duration of the program is about 2 to 2.5 hours. Refer to the 3 observations, it had different content and sequence amongst the 3 schedule. In the first observations, the program is only 2 hours, wherein the first hour explaining the meaning of marriage and a glance of Sakinah family concept, then it continued with the next 1 hour of procession ceremony simulation. According to the analysis of the authors, the explanation on this first schedule of Cuscaten is tend to the processional ceremony of the “akad nikah”. The Trainer aimed the session to equip the couples with the procession ceremony in order to the ceremony will run smoothly. In the second schedule, there was an addition material. The Trainer explained the marriage requirement and law then he did the simulation, then he also explained the concept

of Sakinah family. The explanation about sakinah family concept in the second schedule more than the first one. In the second schedule, there was two Trainer. The trainers coincidentally describe similar material about sakinah family. There were no coordination among them. The third schedule of Cuscaten. In the beginning, the Trainer delivered almost the same material with the second schedule in a glance and a quick simulation, then it was continued by the Health Center Officer (Puskesmas officer). The addition material from them was reproductive health for woman (prospective mother). The Author think that the last material was not matched with the goal of the program. So that it can be concluded that the purpose of Cuscasten to equip prospective bride to the concept of building a sakinah family was not consistently done in every schedule. There is no guidance for the trainer to deliver the training material. There are no written guidance training material.

2. The interesting thing is there was different based line. The Author observed that the material delivered

by KUA Trainer which content about fiqh of marriage and sakinah family concept were based on al Qur'an and hadith. However the material delivered by the Health Center Officer had different reference. The finding as follow:

- a) *The Heath Center delivered the material of woman reproduction. The Officer explained that husband and wife has the same right and obligation. Wife is equal with husband, and she has the right to decide her reproduction issues. The concept presented by trainers from this health center by the liberal concept, not the concept of Islam based on the Qur'an and Hadith.*
- b) *According to pregnancy. The Health Center Officer explained about the pregnancy. This explanation is more about physical matter. It had not related with the material with Islamic way facing pregnancy. The officer did not explain lactating in Islamic way also.*
- c) *In the end of the session, the officer recommended or urge the participants to have free immunization of anti-tetanus*

*after the training. According to the Author, the program from Puskesmas should be delivered by their own program, cannot include it in the KUA program.*

As explained above, that of the all three schedules of the program did not have the same material and sequence. It is because there was not a written curriculum. It was resulting the lack of guidelines for Trainer and lack of teaching materials. Even though the program was delivered by the same person, but the material can be different. Therefore it is needed to develop a curriculum and standard teaching material in order the trainer can do the program consistently. Besides that, with the standard curriculum, every Trainer will have the same training delivery.

Eventhough KUA did not have special budget to run the program, in 2015, KUA Duren Sawit succeed to facilitate the program for every months of the total 12 times, with the total participant 484. Compare to the number of wedding event (KUA recorded 1875 weeding in 2015), the participant rate is 25.8%.<sup>5</sup> The Attendance rate is very low. The reasons for absences were due

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<sup>5</sup> Kantor Urusan Agama Duren Sawit Jakarta Timur, Yearly Report 2015,

did not have permission from the workplace. Beside that participants tend to regard this program as part of the administrative procedure the completeness of the process of the marriage contract.

*d) With the no budget program, it affect to the duration of the program. The program was arranged in a short time, it had to finish before 12.00 am. The KUA avoided to provide lunch.*

#### 1. Recommendation

According to the finding above, the Author has several recommendations, as follow:

1. We need to develop a model of curriculum as a standard training material, method and guidance for trainer. The curriculum must refer to Al Qur'an and Hadith in developing sakinah family. The content is:
  - a) Curriculum (Objective, Content of Curriculum, Proses & strategy and Evaluation)
  - b) Presentation material and pocket book are provided for participant.
  - c) Facility and regulation.
  - d) The program is conducted by KUA independently.

2. To attract more participant, Author suggest the following ideas.:

- a) KUA work together with mosque and "Taklim", to promote this pre-marital program.
- b) It is needed to have supporting from Manpower Department, according to give the permission (leave) to participate to this program.

#### D. Proposed Curriculum

This Premarital program is a model that contain curriculum materials, booklets and training material for Trainer. The training material is created as a standard guidance for Trainer to deliver the training material. We hope the model would be implemented in the KUA Duren Sawit and in the future will be used in other KUA in different location.

##### 1. Curriculum Objectives

The curriculum is aimed to these objectives:

- a) Equipping the brides and grooms with the Islamic basic knowledge of marriage such as the meaning of marriage and the basic law of marriage.
- b) Equipping the brides and grooms with the marriage fiqh and ensure they

will fulfill the requirement as a legal status of marriage.

- c) Providing the bride and groom with the concept of sakinah family
- d) Equipping the brides and grooms with the understanding of Islamic husband and wife manners and how to avoid and deal with conflict.
- e) Equipping the brides and grooms with the knowledge of prospective mother facing pregnancy, breastfeeding and parenting basics

## **2. Curriculum Content**

The content of the curriculum is divided into three modules. Each module has several topics. The following are the brief content which the detail is describe in the Author Thesis.

### **a) Introduction:**

Objectives:

- 1) The participants understand how important to have the knowledge of marriage life.
- 2) The participants understand the meaning of marriage refer to Islamic view.
- 3) The participants understand the meaning of marriage refer to Islamic Law.

Topic material:

- a. Mindset to marriage entrance

- b. Marriage definition refer to government regulation and Islamic fiqh.

### **b) Module 1: Marriage law and fiqh to enter a marriage**

Objectives:

- 1) Participants understand the basics of law entering the marriage life.
- 2) Participants understand the purpose of marriage
- 3) Participants understand and apply the requisite of law and fiqh as a legal marriage status.
- 4) Participants are ready to be able to do a wedding procession follow the requisite of law.
- 5) Participants understand and apply etiquette and Sunnah in entering a new life of marriage.

Topic material:

- a. Purpose of marriage
- b. Fiqh, requisite of marriage.
- c. Adab (etiquette) and Sunnah when entering the marriage.
- d. Simulation ceremony (aqad)

### **c) Module 2: Developing Sakinah Family**

Objectives:

- 1) Participants understand the concept of sakinah family

- 2) Participants understand husband and wife obligations in marriage life.
- 3) Participants understand and apply the concept of make a living according to Islam
- 4) Participants understand things that will destruct a marriage.
- 5) Participants understand how to resolve conflicts and avoid domestic violence

Topic Material:

- a. Concept of Sakinah Family
- b. Husband and wife obligation.
- c. Making a living
- d. How to anticipate and resolve conflict.
- e. Domestic violence and how to avoid

#### d) Module 3: Basic Parenting

Objectives:

- a. Participants understand the basic Islamic parenting.
- b. Participants understand and apply how to facing pregnancy and breast feeding a baby

Topic material:

- a. Facing pregnancy
- b. breast feeding a baby
- c. Basic parenting

## 2. Training Process

### 1. Preparation

- a. Every bride and groom will be invited to attend the Pre-marital Program. They will receive a letter signed by the Chief of KUA. With the letter, they can propose a half day leave or permission to the company they work.
- b. Every bride and groom who attend the program will receive a certificate. The certificate should be shown to “Penghulu” before the aqad ceremony.

### 2. Time & Duration

The length of the program could be designed with two alternatives, depend on the number of participants, the facility served and the budget cost available.

The alternatives are as follow:

Module	Alternative 1	Alternative 2
Module 1	45 minutes	1,5 hours
Module 2	45 minutes	1 hour
Module 3	30 minutes	1 hour
Q/A	15 minutes	30 minutes
TOTAL	2 hour	4 hour

	15 minutes	
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To attract more participants attend the program, it is also recommended to schedule it on Saturday or holiday.

### **3. Delivery Methods**

- a. Classical. The participants gather in the class room, sit and listen to the trainer.
- b. The method of delivery is by lecture, simulation and question and answer

### **4. Presentation material**

Presentation material will be in power point format. It will be trained and share to all Trainer to have the standard material and sequence.

### **5. Room facility & Media (use LCD)**

The program could use the existing room, in second floor at KUA Duren Sawit Jakarta. Ideally the program is conducted in a close room with AC and enough chairs. If we use alternative 2, the KUA will provide lunch.

### **6. Trainer**

KUA could have a team of Trainer independently. Trainer is not only from KUA employees, but he/she could be a volunteer who has the knowledge and ability to teach this material. They have should be trained first to do this standard teaching.

The program could be hold by one trainer or more (2 two to three Trainer), depends on the schedule of the trainer.

The trainer should have these basic competences, as follow:

- a. Understand the marital Fiqih and have Islamic mindset that refer to Al Qur'an and Hadith.
- b. Able a presentation skill.
- c. Able to use presentation aid (LCD, Laptop)

### **Standard material and Training Guidance**

There will be a standard material for Trainer. It will be a guidance to Trainer in delivery the material in class.

### **7. Pocket Book**

The pocket book contains important part of the training material which participants have to understand. Participants can read this book after the program, because it can be taken home owned by the participants.

### **8. Administration**

KUA staff will prepare the administration, such as:

- a. Invitation letter to Participants and RSVP
- b. Confirmation schedule from the Trainer
- c. Manage the facility needed (room, snack/lunch if any)

- d. Manage attendance list.
- e. Compile the report
- f. Issues certificates of attendance

### 9. Budget Cost

The budget is for:

- a. Pocket book
- b. water
- c. Snack/lunch (if we use alternative 2)

### 3. Evaluation

Evaluation is needed to get such information does the program achieve its objectives. The use of the evaluation are for:

- a. The participant will know such topic or not.
- b. It is useful to give feedback to the owner of the program, to make necessary improvement.

The test should be done before and after the program to get effective evaluation.

### E. Summary

1. Every couple who plan to get married should equip themselves with the knowledge of married life. They should understand the marital fiqh, law and concept of sakinah family.
2. KUA provides such training. However the existing training need

to be improved, start with the curriculum.

3. The curriculum will be as a standard guidance to facilitate the program
4. The curriculum consists of objective, content (training material, process of training, and evaluation. The material refer to Islamic sharia, to Al Qur'an and Hadith.
5. The new couples after following the training, have the foundation knowledge of married life and they are recommended to continue learning to other media, institution, mosque, books, etc.
6. The long term objective of this training is to reduce domestic violence and unhappy family and to create many sakinah family.

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