

## Islamic Counseling Guidance in Improving the Religiosity of High School Students

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### Abstract

*The presence of Islamic guidance and counseling administrations in schools can be utilized as a technique by instructors in giving direction and inspiration to understudies as per the lessons of the Qur'an and Hadith by applying strict qualities as an aide or establishment for understudies in conquering every one of the issues they face. Absence of strict arrangement is one of the variables that causes freak conduct in young people, this can happen when people don't have a solid strict establishment so they are effectively affected by natural circumstances, so there should be a course of coaching endlessly learning strict training. Guidance and counseling in the perspective on Islam is a work made to take care of an issue that happens in an individual in view of Islamic standards. In light of the capacity of Counseling Guidance in the perspective on Islam, everything is done to improve the capability of understudies and make an honest effort to figure out the thing they are going through to acquire the right arrangement and have a proper life. God's blessings both in this world and in the last yaumul.*

**Keywords:** Islamic Counseling Guidance; Religiosity; High School Student

### Abstrak

Kehadiran program bimbingan dan konseling Islam di sekolah dapat dimanfaatkan sebagai media bagi pengajar dalam memberikan arahan dan inspirasi kepada siswa sesuai pelajaran Alquran dan Hadits dengan menerapkan sifat-sifat yang tegas sebagai pembantu atau pedoman bagi siswa dalam menyelesaikan setiap permasalahan yang mereka hadapi. Tidak adanya pengaturan yang tegas merupakan salah satu variabel yang menyebabkan terjadinya perilaku aneh pada remaja, hal ini dapat terjadi apabila masyarakat tidak memiliki pendirian yang tegas dan kokoh sehingga secara efektif dipengaruhi oleh keadaan sosial. Oleh karenanya perlu adanya suatu program pembinaan tanpa henti dengan pengawasan yang ketat. Bimbingan dan Konseling dalam Perspektif Islam adalah suatu usaha yang dilakukan untuk menangani suatu persoalan yang terjadi pada diri individu menurut standar Islam. Mengingat kapasitas Bimbingan Konseling dalam perspektif Islam, segala sesuatu dilakukan untuk meningkatkan kemampuan siswa dan berusaha secara jujur untuk mengetahui apa yang mereka alami untuk mendapatkan pengaturan yang benar dan memiliki kehidupan yang layak. Sehingga mendapatkan keberkahan dari Allah baik di dunia maupun dihari akhir nanti.

**Kata kunci:** Bimbingan dan Konseling Islam; Religiusitas; Sekolah Menengah

## Introduction

In the eyes of Allah SWT, humans are the most perfect creatures. Allah provides humans with three things, namely the mind (reason) to think, equip lust, and feelings (heart) to feel. Do not forget that God also gives humans the right to live a life according to what humans expect, so humans are free to choose between getting a good or bad life. Allah has provided humans since they were born into the world with the nature to do good deeds, in accordance with the norms that apply in the community. But sometimes humans have their minds, hearts and feelings easily influenced by bad norms in the environment where they live, so that their nature is lost. Therefore, because of the human tendency to do good and bad things, Allah SWT sent down instructions in the form of Islam as a way of life based on the Qur'an and al-hadith.

On the off chance that the principles contained in the Qur'an and Al-hadith can be obeyed properly then Heaven is a place for them to obey, but if these rules are violated then hell is a place for them. Humans will be spared from the path of misguidance if they are able to strengthen their faith and always fear Allah SWT. but if these rules are violated then hell is a place for them. Humans will be spared from the path of misguidance if they are able to strengthen their faith and always fear Allah SWT. but if these rules are violated then hell is a place for them. Humans will be spared from the path of misguidance if they are able to strengthen their faith and always fear Allah SWT (Elhany, 2018). Religion contains symbols of divinity, holds fast to beliefs, maintains values / norms, then is realized by behavior with an appreciation (Djamiluddin, 1994).

The development of students is not only seen from the physical aspect, but also the religious attitude that is applied in everyday life, is in accordance with religious guidelines or not because this is an important thing to discuss. To shape the personality of students in accordance with applicable religious norms requires effective efforts so that the output produced does not deviate from the teachings of Islam.

When the human enters the adolescent phase, this is what is called the process towards adulthood. Adolescence is an important phase, considering that in this phase the character and personality of adolescents is formed in recognizing themselves. At this time, adolescents must be under supervision and directed optimally towards real life by being equipped with knowledge so that they can blend in with their surroundings (Geldard, 2010). Guidance and counseling activities are important to do with the aim of growing the attitudes and behavior of students towards a better direction and minimizing being affected by things that are not good. How important is the science of religion for students in the formation of personality, character and attitude to reduce the number of juvenile delinquency which starts from their lack of knowledge about religion. The introduction of religion for students begins with education in the family, this is where a child is provided with religious knowledge by his parents/family (Anton, 2020).

If from the beginning this student is not equipped with religion, he will easily fall into the path of error because there is no intended destination. The environment is a place to socialize with various kinds of individuals, if the environment has a positive tendency, then the religious values that have been taught in the family will be easily realized properly, but if the environment tends to a negative direction, it will also have an impact on attitudes and behavior. student behavior that is less good or even worse (Anwae, 2013). Character formation from an early age is an effort made so that students are able to recognize themselves.

Counseling guidance is given to every individual, not only those who have general problems such as daily life, but overall, both from the social and religious aspects. It can be

said that this guidance activity when viewed from an Islamic point of view is a way of preaching. Da'wah is a religious activity in which there is an invitation and calls on mankind to jointly fight evil in accordance with the way of Allah SWT. As a result, if you do not have religious values and norms, someone will do things that deviate from their teachings, therefore guidance is needed to improve understanding of religion or religiosity. Someone who has been guided is expected to be able to increase his faith and obedience to the Almighty (Anwar, 2013).

In light of the capacity of Guidance Counseling in the perspective on Islam, in particular all that is accomplished to advance the capability of understudies and attempt however much as could reasonably be expected to figure out the thing is being capable so the right arrangement can be acquired and have a day-to-day existence that is satisfying to Allah both on the planet and in *yaumul* end (Anwar, 2013). Furthermore, prevention and habituation to students, especially during adolescence, is carried out by means of an invitation to get closer to the Almighty, with faith it will be kept away from bad things. Islam on students at the high school level.

During adolescence, individuals experience many things that can affect their physical and psychological development. This transition period starts from childhood to adulthood with a span of 11 to 21 years, this is what is called adolescence. Adolescence is a time when individuals are happy with new things in their lives which sometimes exceed the measure of their age. Adolescence is identical with young souls who are passionate, behave and behave excessively, this kind of attitude can boomerang against teenagers. For example, problems are often encountered in the school environment of students who are in their teens starting from the junior high school to high school education levels who behave defiantly, such as truancy, disobeying teachers, smoking, drinking, etc. (Wisdom, 2012). Educational institutions such as schools are hoped to do the implementation of guidance and counseling both in public schools and religion-based schools. Schools also have an important role in shaping the attitudes and behavior of students apart from within the family.

Although religious values have been taught well in the family, but to reach wider knowledge, educational institutions are needed with educators who guide students to stick to the guidelines of Muslims, namely the Qur'an and al-Sunnah. Obtained the results of research conducted at the High School (SMA) regarding the process of Islamic-based counseling guidance. At these institutions, students are less taught about Islamic sciences which are more intense than other Islamic educational institutions based on Islamic boarding schools, not only religious knowledge but also general knowledge.

The advantages of boarding school-based school institutions are that they are deepened in the field of religion, students are directed to become pious individuals, able to maintain their faith, and able to find solutions to whatever they are facing through Islamic Counseling Guidance at school. Students at this high school have different family backgrounds, some come from wealthy families and live in urban environments so that many problems occur such as cases of children being abandoned by their fathers and mothers due to divorce in the household, children who are abandoned by both parents due to economic problems that are not good, so that from several things that happened it was found that the child became a closed person, arrogant, unstable in emotions, an attitude that is difficult to control, do not get the warmth of family and complete affection and worst of all the child can lose his faith. However, there are also students who come from intact families without any of the problems mentioned above.

Indonesia is a country that is rich in islands and wide areas, students who are at the High School Level, which students come from various regions, of course, these students bring the culture of their respective regions with diversity language and the environment in which they

live are different. The habits they carry are certainly different, some tend to be good and some are negative, so at this high school, it is hoped that they will regain their happiness by filling their days with useful activities. Many things they may never get while in the neighborhood where they live, it is different in high school they can explore further about their understanding of the religion of Islam. Such as strengthening his faith in Allah and being able to instill in his soul, believing in Allah's angels, Allah's book, namely the Qur'an,

Regarding the teachings of Islam, Allah SWT provides instructions in the form of orders to all Muslims to establish prayers as contained in the Qur'an Surah Al-Isra verse 78, there are prayers such as obligatory and sunnah prayers. Then the command to fast is contained in the letter Al Baqarah verses 183-187 and other verses in the Qur'an. If it is associated with the reality, teenagers tend to occupy positions that are vulnerable to deviations from negative environmental influences, such as their behavior when dealing with people who are older or talking to friends of their age which sometimes do not match the value of decency. This tendency can occur when students are not guided properly and on average this occurs at the age of 13-15 years, so it can continue until the age of 16-18 years.

Deviations that occur must be gradually addressed so that they have the enthusiasm to continue to learn to improve themselves, this is where the role of Islamic counseling guidance in high school (SMA) is very influential on changes in student behavior so that there are no more deviant attitudes such as, reluctant to implement praying in congregation, lazy to fast obligatory and sunnah, do not like to join *tadarus* together, do not have a humble attitude, is not polite to teachers. It is hoped that with the guidance that is applied, it is able to improve the values of students towards a better direction, by liking reading the Qur'an or becoming a hafiz, the obligatory prayers and sunnah are always maintained, being polite in speaking also politely not only with peers but with teachers or *ustadz* are also parents.

If educational institutions that are not based on Islamic boarding schools in monitoring their students are limited to school hours, this is not the case with high school students, because the scope of high school is in one area, monitoring of students can be carried out in full from morning to evening. at night who were instructed directly to all levels of educators or staff in high school students. This is not intended to limit the space for students to move but to minimize things that are deemed lessons unfavorable, for example, playing true when begin, leaving the area without the permission of the teacher/staff on duty, smoking and actions that are considered less culturally appropriate. in the area of High School Students. Every human being on this earth has their own rules of life, these rules are called religion.

Religion has an important role in controlling human life, likened to a law that regulates the law of a country, which was created so that all people obey the rules that have been set by their leaders, as well as religion so that they are safe in this world and the hereafter. This is the reason why the formation of Islamic counseling guidance in educational institutions is to become a forum for students to devote all their problems to finding the best solution not only for themselves but also for their surroundings and convince themselves that every difficulty there is always ease of belief and surrender to Allah (Prayitno, 1999). The fact that currently occurs when the implementation of guidance and counseling takes place is that many benefits are obtained, such as the most prominent being the increase in religious values and norms within students, both in the school environment and outside.

## Research Methodology

In this study, the method used is qualitative with the type of literature study. The steps taken in this research are to collect existing data sources both from books and journals that are relevant to the research theme. The data is then analyzed by reducing the data and taking the most relevant ones to strengthen the idea building.

## **Discussion**

### **A. Understanding The Guidance and Counseling of Islam**

The definition of guidance is divided into two, in terms and language. If in terms of guidance is a guide, showing, directing and others. In language, guidance is a step given to a human being to provide a mindset stimulation which can then be implemented either within the family, environment, or community as a result of the understanding obtained.

Guidance and counseling of Islam is a work made to take care of an issue that happens in an individual in view of Islamic standards (Tohirin, 2009). Government Regulation No.29 of 1990 concerning Secondary Education, Guidance is a conscious effort made to individuals who are indicated to have problems and to find their identity so that they are able to know the environment and continue their life well (Sholahuddin, 2011).

The definition of guidance underwent a significant change, if it used to be known as counseling which invited many pros and cons because it was seen from the language that was difficult to understand so that it became a debate of opinion. From the debates that occurred among experts in initiating the definition of guidance, the results obtained, namely that guidance is a process carried out by the supervisor to those who are guided to increase their potential both within themselves and improve/find solutions related to the problems faced so that later they can undergo the process of life (Hamdi, 2020).

Continuing on the definition of counseling in terms of meaning, which can be said as advice, suggestions, input, everything related to chat (Ketut, 2012). In its application, counseling involves individuals who help each other and exchange their knowledge so that concrete results can be obtained in solving problems. Counseling can also be interpreted as two individuals who meet each other and consult about the problem that is being experienced then try to find a solution (Tohiri, 2009). There are also opinions from experts who say that counseling is a series of activities that starts from counseling experts providing direction and advice to individuals, then the individual describes what and how the problems are being faced, then in the end agreed on the right solution to address the problem (Prayitno, 2000).

So, it can be told that guidance and counseling are solutions given to individuals who are experiencing problems, the solutions given are in accordance with the situation and physical and psychomotor conditions of the individual. In Islamic guidance and counseling has its own rules, addressing individual problems is more directed to Islamic values by deepening religious knowledge, so that individuals will feel calm in their souls and hearts so that they will produce the right mindset for the problem (Mubarok, 2000).

Islamic guidance and counseling strive for every individual who becomes a client to develop his abilities in terms of mindset, responding to problems and thinking/composing a directed future in accordance with instructions from Allah in order to always get convenience in this world and in the hereafter (Akhyar, 2008). Activities carried out by individuals to improve their abilities and nature as Muslims increase their talents, therefore Allah has given humans in the form of reason, heart and human will to change according to Islamic law so that humans are on the path of truth (Anwar, 2013).

The provisions that God has given to mankind are expected so that humans always live in peace and order so that it does not cause disease in their hearts which causes a lack of gratitude for their lives (Musnamar, 1992). With the various opinions expressed by the experts above, it can be told that what is called the Guidance and Counseling of Islam is an activity that is carried out consciously involving individuals who have a tendency to the problem that is being experienced then provides solutions and is applied in accordance with applicable Islamic sharia norms.

## B. Foundations of Islamic Guidance and Counseling

The main foundation of Islamic guidance and counseling is the Qur'an and hadith. because they are the source of all guidance for Muslims. It is explained in Surah Al-Isra' verse 82, about the importance of the Qur'an in human life, so that some fields of science use the Qur'an as a reference and guide. In the Qur'an, it is not only explained about regulating matters of worship, but in the Qur'an also contains verses related to the resolution of all problems that exist in human life. Among them are verses of the Koran that teach science such as The Guidance and Counseling of Islam as a method of assistance in solving problems that are being experienced in human life. The word of Allah SWT which is explained in the Qur'an Surah Al-Isra ' : 82.

## C. Purpose of Islamic Guidance and Counseling

Broadly speaking, the purpose of Islamic guidance and counseling can be interpreted as a real movement to help individuals in realizing what they need in general individual to accomplish joy in this world and in the great beyond (Anton, 2019). So, to know what to do as a human being and what to do in various areas of life, feel better away from constant tension and pressure because there are problems, can function optimally according to one's potential, achieve something better because of being positive and optimistic, can live more effectively according to their abilities and adapt to the environment, basically the purpose of Islamic guidance and counseling (Singgih, 2003).

The purpose of Islamic guidance and counseling is divided into two types, namely general goals and specific goals (Thohari, 1992). The broadly useful of direction and advising is so the individual have some control over himself in a superior heading to get the pleasure of Allah SWT. While the specific purpose is to prevent someone from getting a problem, to alleviate a problem that is being faced by someone, so that someone can control a situation and condition so that it becomes even better in order to avoid a problem both for oneself and for others. Islamic guidance and counseling has a goal, namely so that the charity given by Allah SWT to someone can develop and be useful properly, so that someone can become a *kaffah* person, so that what has been learned can be applied in everyday life, which appears in carrying out obligations at work. Earth, and obedient in worship and obeys what has been ordered and stay away from anything that is prohibited (Sutoyo, 2013).

The aim of Islamic guidance and counseling is prioritizing so that it can produce a change, carry out reforms, health, and physical and spiritual cleanliness (Hamdani, 1989). The body becomes better, comfortable and safe, can accept everything sincerely, gets enlightenment and also from the guidance of Allah SWT, then so that a person can behave politely in behavior so that he can become better for himself, conditions in the social family environment and surroundings, thirdly when someone has gained a knowledge they have a sense of openness to the people around them, and fourthly so that someone can produce divine tolerance, so that someone is able to carry out a responsibility as a wise and wise leader.

Based on this opinion, it can be concluded that the aim of Islamic guidance and counseling is helping so that a problem can be solved, of course, by reviving trust in Allah SWT, basically to realize adjustments between humans and the environment must be based on faith and piety. Based on this faith and piety, it is hoped that there will be harmony between psychological functions and self-adjustment between humans and their environment or society which will be realized and achieved if this effort is based on faith to Allah SWT.

## **D. Function of Islamic Guidance and Counseling**

Formal and non-formal educational institutions need the Islamic Guidance and Counseling, because the teaching and learning process involves teachers and students interacting with each other. From this interaction, it can be seen how the attitudes and behavior of students during learning activities at school and outside. Islamic counseling guidance has three important functions such as prevention from negative things, self-improvement steps, and the development of individual nature (Ainur Rahim, 2002).

When viewed from the first function, namely prevention is carried out to prevent problems and negative things from coming. The second function is that repairs are carried out after the individual experiences the problem and is then directed back so as not to repeat the mistake. The third function is trying to explore and develop individual talents. Another opinion suggests that there are five functions of counseling guidance, namely First, the prevention function is carried out when there are no problems, this is done to anticipate and take steps to avoid problems. Second, the understanding function is carried out to build the level of understanding of students in thinking and acting correctly. Third, the alleviation function is an effort made to solve the problems experienced by students as wisely as possible. Fourth, maintenance is carried out when the positive experiences of students have been well developed. Fifth, the distribution function carried out by this counseling guide directs students to their interests and abilities and then is given full support to be motivated to get satisfactory results.

## **E. Methods and Techniques of Islamic Guidance and Counseling**

One way that is given by an advisor when giving ideas or suggestions to someone in the context of implementing Islamic guidance and counseling is using a group guidance and counseling method. What is meant in group guidance where someone wants to overcome a problem by participating in activities in overcoming problems or problems by solving them through group activities are methods and techniques of Islamic guidance and counseling. Some guidance techniques (As'ad, 1968):

- a. The guidance technique consists of a group of people in a meeting, with one supervisor who is fully responsible for the group is called the home room program.
- b. A guidance technique in which it serves as a recreation and learning activity is called work tourism.
- c. A way in which a person can convey the problem and together find a way out of the problem is called group discussion.
- d. Where individuals who are guided are given the opportunity to be able to plan something and work on it together is called group work.
- e. Guidance techniques to find a solution to the problems faced by individuals in connection with their psychic conflicts are called psychodrama.
- f. Techniques in guidance to solve social problems faced by individuals by way of role playing are called sociodrama, namely.
- g. The form of guidance given to individuals to help solve the learning difficulties they face is called remedial teaching.

In addition to group guidance services, there is also individual guidance which is commonly referred to as counseling. In general, there are three individual guidance techniques, to be specific order guiding, non-mandate directing, and elective advising (As'ad, 1968). Mandate directing is a counselor who will be more active in conveying ideas to consultants, among others by guiding a client according to what problems will be resolved. Non-directive counseling in this technique, the advisor only listens to what the client is saying, so that in this technique the client is more active, while the advisor will provide more direction. This elective counseling technique is a combination of the two techniques

described above, in guidance and counseling, the advisor will be able to decide what method is appropriate for counseling, of course according to what the client needs and in accordance with Islamic teachings.

## **F. Understanding Religiosity**

In the Big Indonesian Dictionary, religiosity is the standard form of religiosity which means devotion to religion or piety. Religiosity comes from the Latin *religio* which means religion, piety, religious soul. Meanwhile, religiosity measures the extent of knowledge, how solid beliefs are, how much worship and rules are implemented, and how deep is the appreciation of the religion they adhere to so that religiosity can be interpreted as a religious quality (Nashori, 2002).

The collection of a cumulative tradition in which all past experiences are collected and then made into a cultural system which is then interpreted as religion. The religion in question can unite and focus all one's love and desire to go together towards the divine (Cremer, 1995). From the description above, it can be concluded that religiosity is the intensity of one's religious deepening and belief in the existence of Allah SWT who will be granted if he stays away from his prohibitions and obeys his orders, of course with a sincere body and soul. Religiosity is called religious appreciation and deepening of belief is then shown by doing what has been required, such as praying five times a day, dhikr, echoing the holy verses of the Koran (Hawari, 2000).

Diversity or religiosity is embedded in various aspects of the life of living things. The activities of a religion are not only carried out when someone is carrying out worship activities, nor are activities that can be seen or cannot be seen by the eye, but also activities have nothing to do with one's heart. Due to the diversity of a person will include various sides or dimensions.

## **G. Analysis of the Implementation of Islamic Guidance and Counseling in Improving Student Religiosity in High School**

The presence of Islamic guidance and counseling administrations in schools can be utilized as a strategy by educators in giving direction and inspiration to understudies as per the lessons of the Qur'an and Hadith by applying strict qualities as an aide or reason for understudies in beating every one of the issues they face. Absence of strict arrangement is one element in the rise of degenerate way of behaving towards pre-adulthood, it can happen when people don't have a solid strict premise so they are handily impacted by natural circumstances, so there is a requirement for a course of tutoring in learning and strict training. The hope is that individuals can avoid deviant behavior that usually arises from the influence of the surrounding environment. The direction taken is towards the development of nature and back to nature (Sutoyo, 2013). Based on the findings in the field as well as the results of interviews about the implementation of Islamic guidance and counseling, it is seen that the Islamic guidance and counseling is very much needed, both by the school as quality development in high school (Senior High School).

Seeing the importance of Islamic guidance and counseling as above, Islamic guidance and counseling is part of a human life. This means that in everyday life, humans cannot be separated from problems. Many people can solve their own problems without involving other people, but not a few people who cannot solve their problems and ask for help from others to help solve and provide solutions. This also happens to students in high school. The aftereffects of examination in secondary school show that the execution of Islamic guidance and counseling in increasing student religiosity is focused on materials and methods. Implementation of Islamic counseling guidance in increasing religiosity in high school there is a compatibility between theory and practice on the level of religiosity covering various



sides or dimensions in providing materials that are in accordance with aspects or dimensions of religiosity such as the dimensions of belief, where students taught to believe in the truths in the teachings of Islam, such as believing in Allah, heaven and hell, *qadha* and *qadar* and other matters related to religious teachings. Then the dimension of religious practice where students are guided by material related to worship of *mahdhab* and *ghairu mahdhab* such as prayer, fasting, and worship related to fellow human beings, can carry out worship properly and correctly or solemnly ". and given an understanding that the worship activities carried out are a way to get closer to God, and as a means of prayer so that every prayer can be answered which is also included in the experience dimension. Then the dimensions of practice or consequences that are aligned with morals are also applied to students, one of which has become a culture in high school is *tawadhu*", with one application of the attitude of *tawadhu* "that already represents all the rules of attitude that must be applied and used to by students.

Religious Studies conducted in collaboration with Religious Teachers so that they can provide more knowledge about Religion. And in high school full supervision is applied within 24 hours so that students can monitor the progress of students and those who violate the rules, this is where the consequences are carried out such as providing guidance related to worship so that apart from students being aware of their mistakes, students also still get the wisdom of the reward. conducted. Materials related to increasing the religiosity of students in high school so that they can have strong religious beliefs which are manifested through acts of worship that are *istiqomah* and noble character as a form of practice and appreciation of the knowledge of the teachings of Islam. The material presented by the BK teacher when conducting guidance generally reflects the values of Faith, Islam, Ihsan. This is in accordance with Sutoyo's opinion to encourage and help individuals understand and practice Iman, Islam, Ihsan (Sutoyo, 2013).

The quintessence of Islamic guidance and counseling is a work to assist people with figuring out how to create fitrah and additionally return to nature by engaging the confidence, reason, and will that Allah has given to their kin to concentrate on the requests of Allah and His couriers, so the idea of the individual grows accurately and immovably. as per Allah's necessities (Sutoyo, 2013). Islamic Guidance and Counseling is the method involved with giving help to people so that they are able to live in harmony with Allah's provisions and instructions, so that they can achieve happiness in this world and the hereafter (Musnamar, 1992). Basically, overcoming the problems experienced by students cannot be seen from only one angle, namely the psychological aspect. However, focusing is likewise essential to the religious aspect of students. Students who commit delinquency are not only caused by a lack of attention from parents, but are also influenced by factors due to the lack of knowledge of students about the values of religious teachings to encourage and help individuals understand and practice religious teachings correctly (Sutoyo, 2013).

In this case, the counselor reminds the individual that in order to survive the world and the hereafter, religious teachings must be used as guidelines in every step. religious values as a guide in his life. Judging from this, it is here that religious teachers and BK teachers can have a good cooperative relationship in accordance with their realm.

## Conclusion

The implementation of guidance and counseling in high school in increasing student religiosity is more focused on materials and methods. In the delivery of material, especially related to the dimension of religiosity, such as material related to worship of *mahdhab* and *ghairu mahdhab* such as prayer, fasting, and worship related to fellow human beings, then there is also guidance on faith, guidance on Sharia, guidance on morality, and materials that can increase student religiosity. other. As for the methods, namely group counseling methods,

individual counseling, lecture methods. This lecture method is also integrated with religious studies which are carried out in the afternoon and are guided by religious teachers which are carried out every day, but the BK teacher remains in a position to monitor the behavior development of the students. Then the supporting factors are not only from the Religion teacher and the school environment but also from the BK teachers themselves. Counseling teachers at high schools not only provide general services but also become da'wah interpreters that aim to increase student religiosity so that students can have strong religious beliefs which are manifested through acts of worship that are *istiqomah* with noble character and as a form of practice and appreciation of the knowledge of the teachings of Islam. Every implementation of guidance and counseling provided by BK educators to students will certainly affect its implementation. Likewise, the effect of implementing guidance and guidance in expanding student legalism in high school is very different for students. That is, students can have strong religious beliefs that are realized through acts of worship that are *istiqomah* with noble character and as a form of practice and appreciation of the knowledge of the values of Islam.

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